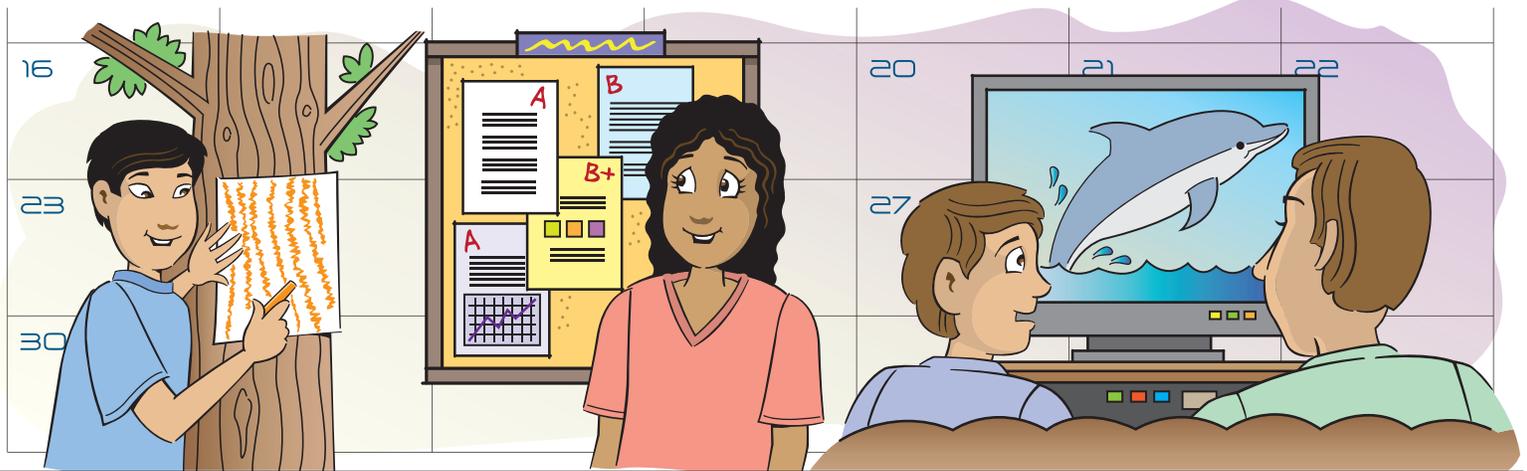


Parent & Child Activity Calendar

Elementary School

Van Buren Elementary School



THE PARENT INSTITUTE®

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2016						1 Take a walk with your child and use all five senses to observe the world around you.
2 Take your child out for breakfast, or serve a favorite breakfast at home. Make this a regular habit.	3 Have your child hold her nose while she eats. Does it affect the taste of the food?	4 Look over your child's homework. Give compliments and helpful criticism.	5 Talk about three ways you used math today. Ask everyone in the family how they used math.	6 If you haven't met your child's teacher yet, plan to do so. Talk about your visit with your child.	7 Teach your child a card game. Play it with the whole family tonight.	8 At the library, check out an audio book to listen to with your child.
9 Suggest that your child clean out his backpack every weekend. He'll start the week organized.	10 Have each family member make a list of his or her strengths. Read them aloud. Add to each other's lists.	11 Have a Word of the Day. Challenge everyone to use it in a sentence. Make this a daily habit.	12 Talk about honesty and why it is so important. Find examples of people who demonstrate honesty.	13 Have your child teach you something she needs to learn for homework. It's a great way to reinforce learning.	14 As a treat, let your child stay up 30 minutes past his regular bedtime. The catch? He must use that time to read!	15 Put on music and spend 15 minutes drawing or writing with your child. Let the music be your inspiration.
16 Go for a walk or bike ride today. Challenge each other to spot something you haven't seen before.	17 Write a nice note to your child. Tuck it where she will find it later.	18 Talk with your child about why students who do homework earn better grades.	19 Keep books in the glove box of your car. Read with your child while waiting for the bus or at an appointment.	20 Watch the news with your child. Locate one place mentioned on a world map.	21 Start a made-up story. "A man went down the road and he met a ..." Let your child finish the story.	22 Take a walk and look for signs of fall. See if your child can identify any of the trees you pass on your walk.
23 Do a puzzle with your child.	24 Review math facts together.	25 Does your child know whom to call in an emergency? Make a list to post on your refrigerator. Practice what to say.	26 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	27 Watch or read the weather forecast together today. Locate the hottest and the coolest locations on a map.	28 Have a jump rope contest today. See how many jumps you and your child can do in a row.	29 Bake cookies with your child. If you're doubling a recipe, have your child do the math.
30 Encourage your child to draw a self-portrait.	31 Hug your child, for no reason other than loving him!					