

Northview High School CLAY COUNTY SECONDARY BRKFST NOV BREAKFAST 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				Nov - 1 EGG OMELET ENGLISH MUFFIN FRESH FRUIT JUICE Milk variety 1%
Nov - 4 DONUT, YEAST WG FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 5 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Nov - 6 DUTCH WAFFLE FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 7 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 8 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Nov - 11 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Nov - 12 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Nov - 13 BREAKFAST SANDWICH FRESH FRUIT JUICE Milk variety 1%	Nov - 14 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 15 EGG OMELET BAGEL FRESH FRUIT JUICE Milk variety 1%
Nov - 18 DONUT, POWDERED MINI FRESH FRUIT JUICE Milk variety 1%	Nov - 19 BISCUITS AND GRAVY FRESH FRUIT JUICE Milk variety 1%	Nov - 20 DUTCH WAFFLE FRESH FRUIT YOGURT, STWBRY JUICE Milk variety 1%	Nov - 21 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE Milk variety 1%	Nov - 22 BREAKFAST PIZZA FRESH FRUIT JUICE Milk variety 1%
Nov - 25 BREAKFAST BURRITO FRESH FRUIT JUICE Milk variety 1%	Nov - 26 CINNAMON ROLLS BACON FRESH FRUIT JUICE Milk variety 1%	Nov - 27	Nov - 28	Nov - 29

ALL MENUS SUBJECT TO CHANGE WITHOUT NOTICE!!!!

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	597	450-600	100%	Protein	15.76 g	10.56%	
Sodium	553 mg	640		Carbohyd	102.49 g	68.67%	
Fiber	7.01 g			Tot. Fat	14.14 g	21.32%	<=30.0%
Calcium	277.50 mg			Sat. Fat	5.49 g	8.28%	<10.00%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.