

# North Clay Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
	Apr - 1 PARFAIT CEREAL GRAPES JUICE MILK, VARIETY	Apr - 2 BISCUITS & GRAVY CEREAL Kiwi JUICE MILK, VARIETY	Apr - 3 FRENCH TOAST/SAUSAGE SAUSAGE LINKS CEREAL GRAPES JUICE MILK, VARIETY	Apr - 4 Muffin (assorted ) CEREAL pop tart ORANGES JUICE MILK, VARIETY
Apr - 7 DONUTS Breakfast Bar CEREAL Apples JUICE MILK, VARIETY	Apr - 8 Piggle stick CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 9 BREAKFAST PIZZA CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 10 Dutch Waffle SAUSAGE LINKS CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 11 Muffin (assorted ) CEREAL pop tart Kiwi JUICE MILK, VARIETY
Apr - 14 DONUTS CEREAL pop tart Apples JUICE MILK, VARIETY	Apr - 15 EGG OMELET Sausage Patty BISCUIT CEREAL Kiwi JUICE MILK, VARIETY	Apr - 16 PARFAIT CEREAL GRAPES JUICE MILK, VARIETY	Apr - 17 Muffin (assorted ) CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 18 NO SCHOOL TODAY
Apr - 21 DONUTS CEREAL Breakfast Bar Apples JUICE MILK, VARIETY	Apr - 22 PANCAKES Sausage Patty CEREAL Kiwi JUICE MILK, VARIETY	Apr - 23 BREAKFAST SANDWICH CEREAL GRAPES JUICE MILK, VARIETY	Apr - 24 Dutch Waffle SAUSAGE LINKS CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 25 Muffin (assorted ) CEREAL pop tart Kiwi JUICE MILK, VARIETY
Apr - 28 DONUTS CEREAL pop tart Apples JUICE MILK, VARIETY	Apr - 29 FRUDEL CEREAL Apple Slice JUICE MILK, VARIETY	Apr - 30 Breakfast Bagel CEREAL GRAPES JUICE MILK, VARIETY		

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	880	400-550	160%	Sugars	82.01* g	37.26%	
Cholesterol	45 mg			Protein	21.44 g	9.74%	
Sodium	1625 mg	600		Carbohyd	146.20 g	66.43%	
Fiber	9.49 g			Tot. Fat	24.78 g	25.33%	<=30.0%
Iron	20.25 mg			Sat. Fat	7.90 g	8.08%	<10.00%
Calcium	1105.20 mg						
Vitamin A	1487 IU						
Vitamin C	29.46 mg						

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.