

# Clay City High School

## MARCH LUNCH 2025

Mar 28, 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
	Apr - 1 ROTINI W/ MEAT SAUCE BOSCO STICK WG CAESAR SALAD VEGETABLE MEDLEY APPLESAUCE JUICE VARIETY MILK	Apr - 2 CHEESE QUESADILLA FIESTA CORN RANCH STYLE BEANS SALAD W RANCH CHIPS AND SALSA PEACHES JUICE VARIETY MILK	Apr - 3 TURKEY AND NOODLES ROLL MASHED POTATOES GREEN BEANS GRAPES JUICE VARIETY MILK	Apr - 4 CHEESEBURGER CARROTS SEASONED FRIES APPLE SLICES LETTUCE & TOMATO JUICE VARIETY MILK
Apr - 7 STEAK BITES CORN BREAD RANCH STYLE BEANS SEASONED WEDGES CELERY/PEANUT BUTTER CHOC CHIP COOKIE WG APPLESAUCE JUICE VARIETY MILK	Apr - 8 CHICKEN ALFREDO GARLIC TOAST WG CAESAR SALAD PEAS & CARROTS PEACHES CINN. GOLDFISH CRACKERS JUICE VARIETY MILK	Apr - 9 SOFT SHELL TACO BLACK BEANS CORN LETTUCE & TOMATO PEARS JUICE VARIETY MILK	Apr - 10 COUNTRY FRIED CHICKEN ROLL MASHED POTATOES GREEN BEANS APPLESAUCE JUICE VARIETY MILK	Apr - 11 PHILLY CHEESE SUB FRENCH FRIES CARROTS & DIP PINEAPPLE JUICE VARIETY MILK
Apr - 14 GENERAL TSO CHICKEN/RICE CUCUMBER SLICES & DIP CALIFORNIA BLEND MANDARIN ORANGES FORTUNE COOKIE JUICE VARIETY MILK	Apr - 15 CHICKEN SCAMPI GARLIC TOAST WG CAESAR SALAD GREEN BEANS MIXED FRUIT JUICE VARIETY MILK	Apr - 16 NACHOS SUPREME REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	Apr - 17 BIS. AND GRAVY HASHBROWNS RED PEPPER STRIPS EGG OMELET PEACHES JUICE VARIETY MILK	Apr - 18 GOOD FRIDAY (NO SCHOOL)
Apr - 21 MINI CORN DOGS FRENCH FRIES CARROTS & CELERY FRESH FRUIT GRAHAM CRACKERS JUICE VARIETY MILK	Apr - 22 SPAGHETTI WITH MEAT SAUCE BOSCO STICK WG GREEN BEANS SALAD W RANCH SUGAR COOKIE PEACHES JUICE VARIETY MILK	Apr - 23 BURRITO W/CHEESE SAUCE TATER TOTS SPCY BEANS&SALSA CORN PEARS JUICE VARIETY MILK KETCHUP	Apr - 24 COUNTRY FRIED STEAK ROLL MASHED POTATOES GREEN BEANS CELERY/PEANUT BUTTER STRAWBERRIES JUICE VARIETY MILK	Apr - 25 CHEESEBURGER LETTUCE & TOMATO FRENCH FRIES VEGETABLE BLEND GRAPES JUICE VARIETY MILK
Apr - 28 BBQ PORK BROCCOLI&CHEESE SEASONED WEDGES APPLESAUCE JUICE VARIETY MILK	Apr - 29 TURKEY AND NOODLES ROLL MASHED POTATOES GREEN BEANS PEACHES JUICE VARIETY MILK	Apr - 30 TACO SALAD REFRIED BEANS LETTUCE & TOMATO CORN PINEAPPLE JUICE VARIETY MILK	May - 1 CHICKEN DRUMMIES BISCUIT MASHED POTATOES PEAS FRUIT SALAD JUICE VARIETY MILK	May - 2 CHEESEBURGER CARROTS & DIP SEASONED FRIES STRAWBERRIES LETTUCE & TOMATO JUICE VARIETY MILK

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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	Monday	Tuesday	Wednesday	Thursday	Friday
	Average		Weekly Target	Average	Weekly Target
			% of Target		% of Calories
Calories	792		750-850	100%	
Cholesterol	77 mg			Sugars	46.10* g
Sodium	1208 mg		1420	Protein	36.39 g
Fiber	8.31 g			Carbohyd	104.45 g
Iron	5.16 mg			Tot. Fat	25.29 g
Calcium	510.50 mg			Sat. Fat	9.37 g
Vitamin A	2023 IU				23.29%
Vitamin C	49.27 mg				18.39%
					52.78%
					28.75%
					<=30.0%
					<10.00%

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