

*Clay Community Schools
9750 N. Crawford Street
Knightsville, IN 47857
(812) 443-4461*

October 7, 2009

Dear Parents,

We have had a confirmed case of Influenza A (this may or may not be H1N1 flu) in Clay Community Schools and have had more students experiencing flu like symptoms during the past week in all schools. We are working with the Clay County Health Department, and they are talking with the Indiana State Department of Health in regard to flu recommendations. At the present time, students have been mild to moderately ill. The most common symptoms we are seeing include;

- *Fever, chills*
- *Sore Throat*
- *fatigue*
- *Cough*
- *Runny nose*
- *Muscle aches*
- *Vomiting*
- *Diarrhea*

If your child is experiencing any of the above symptoms, please keep your child home for at least 24 hours after there is no longer a fever or signs of a fever (without the use of fever-reducing medicine). Please consult with your physician as needed. Keeping sick students at home means that they keep their viruses to themselves rather than sharing them with others.

At school we are taking increased precautions in cleaning and disinfecting classrooms, computer labs, and restrooms. Custodians have been instructed to clean surfaces daily with a disinfectant and to thoroughly clean restrooms by wet mopping and disinfecting floors daily.

We have been encouraging children at school to take precautions by washing hands and proper hygiene when coughing or sneezing. Also, please encourage your children at home to help reduce the spread of communicable diseases by:

- *Washing their hands often with soap and water.*
- *Covering their mouth when they cough or sneeze with a tissue, or if they do not have a tissue cough or sneeze into their upper sleeve, not their hands.*

The Clay County Health Department will also be offering H1N1 flu vaccines to all students when they become available. We are sending additional information in a packet home with your child today. Please read all information carefully and talk with your physician about your child receiving the vaccine.

Sincerely,

*Lynn Stoelting R.N.B.S.N. Clay Community Schools, Health Services Coordinator
Dan Schroeder Superintendent Clay Community Schools*

