Northview High School
BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 1 NO SCHOOL TODAY	Jan - 2 NO SCHOOL TODAY	Jan - 3 PANCAKES W/BUT&SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Jan - 4 SCRAMBLED EGGS BACON ENGLISH MUFFIN FRESH FRUIT JUICE MILK, VARIETY	Jan - 5 BREAKFAST PIZZA FRESH FRUIT JUICE MILK, VARIETY
Jan - 8 HONEY BUN YOGURT, STWBRY FRESH FRUIT JUICE MILK, VARIETY	Jan - 9 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Jan - 10 CHOC or POWDER MINI DONUTS SAUSAGE LINKS YOGURT, STWBRY FRESH FRUIT JUICE MILK, VARIETY	Jan - 11 CINNAMON ROLLS BACON FRESH FRUIT JUICE MILK, VARIETY	Jan - 12 BREAKFAST SANDWICH FRESH FRUIT JUICE MILK, VARIETY
Jan - 15 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Jan - 16 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Jan - 17 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Jan - 18 EGG OMELET BAGEL SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Jan - 19 CHRISTMAS BREAK!!
Jan - 22 HONEY BUN YOGURT, STWBRY FRESH FRUIT JUICE MILK, VARIETY	Jan - 23 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Jan - 24 CHOC or POWDER MINI DONUTS SAUSAGE LINKS YOGURT, STWBRY FRESH FRUIT JUICE MILK, VARIETY	Jan - 25 CINNAMON ROLLS BACON FRESH FRUIT JUICE MILK, VARIETY	Jan - 26 BREAKFAST SANDWICH FRESH FRUIT JUICE MILK, VARIETY
Jan - 29 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Jan - 30 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Jan - 31 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY		

This institution is an equal opportunity provider.
MENU SUBJECT TO CHANGE
CEREAL, POPTART OR PB& J OFFERED DAILY

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	526*	450-600	100%	Carbohyd	81.47* g	61.98%	
Cholesterol	58* mg			Tot. Fat	15.35* g	26.28%	<=30.0%
Sodium	554* mg	640		Sat. Fat	5.68* g	9.72%	<10.00%
Fiber	3.93* g						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.
* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.